

Race Date
May 14, 2016

The Super Run 5K and 8K 2016
Age Group Results

8K

Female Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Natalie Horne	Spencer VA	40	743	6	41:30.7
2	Stacey Shepherd		33	753	13	51:19.0
3	Sandra Clement		48	739	14	51:36.9

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8K

Female 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	lisa Hughes	Ridgeway VA	54	744	16	1:01:44.9

Female 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Doris Moore		55	759	15	1:00:59.6

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Lelia Allen		68	760	17	1:14:46.9

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Male Overall Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Gregg Dean	Martinsville VA	39	740	1	31:20.4
2	Gilberto Aros		45	737	2	31:27.5
3	Mark Joyce		48	745	3	34:50.3

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Male 14 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Jack Reed		13	751	8	43:22.9

Male 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	James Reed		39	752	11	46:34.1

Male 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Mike Lawson		49	747	4	38:42.5
2	Melvin Davis		45	758	10	46:04.8

Male 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	James Adams		56	736	12	47:59.7

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Johnny Pinkard		63	750	7	43:09.2

Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>
1	Joe Philpott		72	749	5	39:37.1
2	John Dyches		73	741	9	45:36.1